Friction and Dimensional Integrity of in-House Fully-Customizable 3D Printed Orthodontic Brackets

2023 Research Aid Awards (RAA)

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FollowUp Form

Award Information

In an attempt to make things a little easier for the reviewer who will read this report, please consider these two questions before this is sent for review:

- *Is this an example of your very best work, in that it provides sufficient explanation and justification, and is something otherwise worthy of publication? (We do publish the Final Report on our website, so this does need to be complete and polished.)*
- *Does this Final Report provide the level of detail, etc. that you would expect, if you were the reviewer?*

Title of Project:*

Friction and Dimensional Integrity of in-House Fully-Customizable 3D Printed Orthodontic Brackets

Award Type

Research Aid Award (RAA)

Period of AAOF Support July 1, 2023 through June 30, 2024

Institution University at Buffalo

Names of principal advisor(s) / mentor(s), co-investigator(s) and consultant(s) Ashish Gurav, David Covell, Steven Makowka

Amount of Funding \$6,000.00

Abstract

(add specific directions for each type here) See upload

Respond to the following questions:

Detailed results and inferences:*

If the work has been published, please attach a pdf of manuscript below by clicking "Upload a file". OR

Use the text box below to describe in detail the results of your study. The intent is to share the knowledge you have generated with the AAOF and orthodontic community specifically and other who may benefit from your study. Table, Figures, Statistical Analysis, and interpretation of results should also be attached by clicking "Upload a file".

JAB Supporting Tables and Figures - Reduced Document Size.pdf Described below is an excerpt from my thesis (currently unpublished), with attached supporting tables and figures.

Results:

Pilot Testing:

 Initial pilot testing revealed that brackets of typical industrial size printed with the long axis 45 degrees to the build platform do not yield model prints with enough natural support to survive 3D-printing without internal supports or break-away supports in critical areas, such as the underside of the tie wings or inside the slot. Since it is mandatory that the slot remain as true to STL dimensions as possible, we ultimately decided to print the final brackets with the base of the slot oriented parallel to the build platform, contrasting with the literature.

 When printed 1:1 with the STL file without dimensional modification, pilot measurement data revealed a resultant print slot dimension of about 0.0185" after post-processing, indicating that a multiplicative scaler was necessary to account for polymerization shrinkage. To achieve a post-processing inciso-gingival slot dimension equivalent to that of the esthetic control, the proportionality constant was determined to be 1.1765. Thus, manufacturing methods were modified accordingly.

Various STL models were experimented with during pilot testing, including Dentaurum Discovery Pearl and Equilibrium 2 as well as a new STL created by scanning an existing maxillary right canine bracket with 0.022" slot and 0° torque (3M Victory Series, 3M). Ultimately, it was determined that the Dentaurum Discovery Pearl STL was the strongest of the three in terms of structural integrity of the 3D-prints, and the other two experienced a high incidence of fracture at stress concentrations along the slot corners (Figure 15).

Pre-test Measurements:

 Pre-test measurements revealed that the inciso-gingival slot dimension of the metal brackets specified by the manufacturers as 0.022" measured as a mean of 0.021" (σ =0.001). The ceramic brackets mean incisogingival slot dimension was 0.023". The final VSC inciso-gingival slot dimensions averaged 0.024 (σ =0.001) (Table 2). There was the highest variability within the 3D-printed VSC groups, when compared to the injection molded metal and ceramic, best observed with graphic representation (Figures 16, 17). The different sub-groups for friction testing consisted of randomly selected brackets, and there were no significant differences in initial IG Height between sub-groups using the same bracket material. (Table 3). However, when inter-material comparisons were made, it was revealed that brackets of different material had different IG Heights. For example, brackets made of metal had different IG Height than brackets made of ceramic, and so on (Table 4). To summarize, pre-test measurements revealed matched sub-groups; Metal, ceramic, and VSC brackets did not have matched slot IG height when comparing between bracket material.

 There were significant differences in pre-test slot wall angulations between bracket types (Table 5). It should be noted that this data did not have a normal distribution, so limited conclusions may be drawn. The metal and ceramic bracket wall angulations were statistically similar in the steel wire sub-groups, but statistically different in the NiTi subgroups (Table 6). Additionally, the ceramic and VSC bracket wall angulations were similar in the NiTi groups (Table 6). All other bracket and wire combinations showed statistical differences in slot wall angulation (Table 6). Because of the transformations to the data to allow for comparisons to be made, specific conclusions regarding slot angulation magnitude cannot be made. Broadly, mean pre-test slot angles of Metal brackets were slightly obtuse, slot angles of ceramic brackets were near 90 degrees, and slot angles of VSC brackets were slightly acute (Table 2).

Friction Testing:

While SS wires appear initially to produce lower static frictional force than NiTi wires based on mean, statistically, this was not significant (Tables 7A, 7B, 8A2, 8B2). Friction testing yielded no statistically significant differences in static frictional forces between any of the bracket material groups (metal, ceramic, VSC) for first- or second-run (Table 8A1, Table 8B1, Figure 18). Additionally, static friction forces did not differ significantly with contrasting wire materials (SS or NiTi) during the first- or second-run (Table 8A2, Table 8B2, Figure 18). Friction descriptive statistics are displayed in Table 7.

On the third run, there was a significant difference between static frictional force in case of both the metal and VSC groups when contrasting wire materials (Metal-SS vs Metal-NiTi, VSC-SS vs VSC-NiTi), where there was higher static frictional force with NiTi wires in both contrasts (adj $p = 0.017, 0.014$ respectively) (table 8C2, Figure 18). During the third run, the Metal-SS group measured 62.2% of the static friction force of the Metal-NiTi group, and the VSC-SS group measured 59.3% of the static friction force of the VSC-NiTi group.

Static friction force when using SS wires remained generally more consistent than that of NiTi with progressive runs across all bracket material groups (Figure 18D and E).

Post-test Measurements:

 For each individual material, there was no statistically significant difference in bracket post-test incisogingival slot height when contrasting wire type, except for VSC-NiTi and VSC-SS, where the post-test slot dimension of the VSC-NiTi group was significantly greater than that of VSC-SS group (adj p = 0.015) (Table 3). This is consistent with the SEM results, detailed below.

 Post-test slot angle deviations showed that there were significant differences in the SS wire groups, but not in the NiTi wire groups between bracket materials (Table 5). Within the SS wire groups, there were

significant differences in post-test metal and ceramic slot angulations and metal and VSC angulations (Table 6), where the ceramic bracket slot angles remained closest to 90 $^{\circ}$, with the metal brackets tending toward divergence, and the VSC brackets tending toward convergence. There was no significant difference in ceramic and VSC post-test slot angulation (Table 6).

Dimensional Stability:

There was no significant difference in post-test and pre-test inciso-gingival slot dimension for any bracket composition when run through friction tests with a stainless-steel wire (Table 9). Additionally, there was no significant dimensional change in the inciso-gingival slot dimension of ceramic brackets after friction tests with NiTi wires (Table 9). In contrast, there was a statistically significant difference in Metal and VSC bracket inciso-gingival slot dimension after friction testing with NiTi wires, where the post-test dimension was greater than that of the pre-test dimension in both groups (Table 9), which is supported by the SEM findings, detailed later (Figure 19).

There were significant changes in slot deviation from before and after friction testing in the metal-SS and metal-NiTi groups, where the post-test angles diverged farther from 90 degrees in the SS subgroup and converged closer to 90 degrees in the NiTi group (Tables 2, 10). All other bracket and wire combinations did not show significant change in maximal slot deviation (Table 10).

Reliability:

Repeated measures for inciso-gingival slot height revealed an intra-rater correlation coefficient (ICC) of 0.855, [CI = 0.674, 0.939], which suggests good reliability (Table 12). Repeated measures for slot angulations revealed an ICC of 0.496, [CI = 0.224, 0.697], which is indicative of poor reliability.

Scanning Electron Microscopy:

Scanning electron microscopy revealed that there was some material transfer of stainless steel onto the ceramic bracket surface from the SS wire that passed through it. Although the bracket slots of VSC were discolored, there was no material transfer observed. However, there was a unique finding in each of the VSC bracket/wire combinations in that the wire's passage through the slot eliminated any gross irregularity within it, effectively polishing the surface and slightly widening the slot (Figure 19).

Aside from this, mechanical changes included the NiTi wire scratching the metal bracket that it passed through. All other bracket and wire combinations were unremarkable. Each wire face that contacted the slot was unchanged (Figure 19).

Material composition of the VSC was analyzed via energy dispersive X-ray spectroscopy. Within this, there were homogenous zones and filler islands. The filler was determined to be an Aluminum Silicate glass with an added Barium, likely present for opacity. There was also a considerable degree of oxygen absorption (Figure 20).

Conclusions:

1. VSC brackets can be 3D-printed within acceptable dimensional tolerances.

2. VSC brackets modeled after Dentuarum Discovery Pearl STL are suitable from a sliding mechanics perspective, but not from a durability perspective.

3. VSC bracket STL design, scaling and post-processing must be further refined for use from both slot precision and durability perspectives.

4. VSC brackets have comparable frictional properties to metal and ceramic injection molded brackets when ligated with stainless steel ligatures on both stainless steel and NiTi wires.

5. VSC brackets can withstand sliding mechanics without significant wear.

Were the original, specific aims of the proposal realized?*

The original specific aims were realized. Our results suggest that in-house 3D-printed orthodontic brackets made of VSC have similar frictional properties and slot dimensional integrity to injection-molded metal and ceramic brackets when tested with stainless-steel and nickel-titanium archwires in-vitro.

Were the results published?*

No

Have the results of this proposal been presented?*

Yes

To what extent have you used, or how do you intend to use, AAOF funding to further your career?*

I have used AAOF funding to complete my thesis project for the Master of Science Degree in Orthodontics. The AAOF has provided an excellent launch for an innovative career.

Comment: *The AAOF thanks you for the completion of your project and your contribution to advancing the orthodontic specialty. We encourage you to pursue the publication of your results and hope that you will pursue AAOF funding in the future.*

Accounting: Were there any leftover funds?

\$677.73

Not Published

Are there plans to publish? If not, why not?*

Currently, the thesis has been successfully defended and is undergoing review. After, it will be consolidated into a manuscript and published in a peer-reviewed orthodontic journal.

Presented

Please list titles, author or co-authors of these presentation/s, year and locations:*

Dimensional Accuracy of in-House 3D-Printed Orthodontic Brackets

John A. Baker, DDS; Ellie Jarvis, BS; Steven Makowka, MS; David Covell, DDS, PhD; Ashish Gurav, DMD, PhD 2024 University at Buffalo Student Research Day 2024

Was AAOF support acknowledged?

If so, please describe:

AAOF support was acknowledged verbally and visually at both my poster presentation at UB Student Research Day 2024 and thesis defense.

Internal Review

Reviewer comments

Reviewer Status* Approved

File Attachment Summary

Applicant File Uploads

• JAB Supporting Tables and Figures - Reduced Document Size.pdf

Supporting Tables:

Table 2: Bracket Dimension Descriptives

Descriptives: (IG Height in inches, Angle_1 and Angle_2 in degrees, time pre- and post-friction testing)

Table 3: IG Height Contrasts Between Wires (in)

*Benjamini-Hochberg adjusted *p*-values to control false discovery rate, significance level set to 0.05

Table 4: IG Height Contrasts between Bracket Materials for Each Wire, Pre-Test (in)

*Benjamini-Hochberg adjusted *p*-values to control false discovery rate, significance level set to 0.05

Table 5: Slot Wall Angulations Contrast Between All Groups at According to Wire and Time Point

*Kruskal-Wallis test p-value, significance level set to 0.05

Table 6: Slot Angle Deviation Contrasts

Non-parametric contrasts

*Post hoc Dunn test p-values for significant Kruskal-Wallis tests

**Benjamini-Hochberg adjusted p-values over all contrasts, significance level set to 0.05*

***These tests had groups with nonsignificant Levene test, so assumption of equal variance holds and statements about differences in medians are allowed. (Otherwise, significant tests can only be said to have difference in distribution.)

Table 7: Friction-Testing Descriptives (Friction in N)

7A: Run 1

7B: Run 2

7C: Run 3

Table 8: Friction Comparisons with Ratio (N)

Linear mixed effect model estimated marginal means contrasts (all friction values were log transformed)

8A2: Run 1 Contrasts inter-wire

*Difference in log transformed friction values

**Benjamini-Hochberg adjusted p-values to control false discovery rate within run, significance level set to 0.05

8B1: Run 2 Contrasts Inter-Material

8B2: Run 2 Contrasts Inter-Wire

*Difference in log transformed friction values

**Benjamini-Hochberg adjusted p-values to control false discovery rate within run, significance level set to 0.05

8C1: Run 3 Contrasts Inter-Material

8C2: Run 3 Contrasts Inter-Wire

*Difference in log transformed friction values

**Benjamini-Hochberg adjusted p-values to control false discovery rate within run, significance level set to 0.05

Table 9: Slot IG Height Dimensional Changes from Friction Testing (in)

IGH Linear mixed effect model estimated marginal means contrasts

*Benjamini-Hochberg adjusted *p*-values to control false discovery rate, significance level set to 0.05

Table 10: Slot Angle Changes from Friction Testing

*Wilcoxon signed-rank test p-values

**Benjamini-Hochberg adjusted p-values over all contrasts, significance level set to 0.05

***These tests had groups with nonsignificant Levene test, so assumption of equal variance holds and statements about differences in medians are allowed. (Otherwise, significant tests can only be said to have difference in distribution.)

Table 11: IG Height Changes (in)

*Benjamini-Hochberg adjusted *p*-values to control false discovery rate, significance level set to 0.05

Table 12: Intra-Examiner Correlation

*significance level set to 0.05

Supporting Figures:

Figure 15: Bracket Failures: Demonstrate a shear line at stress concentrations through the path of least resistance

15A: Broken Bracket 1

15B: Broken Bracket 2

15C: Broken Bracket 3

Figure 15D: Broken Bracket 4

Figure 16: Pre- and Post- Test IG Height Comparisons (NiTi): metal showed significant changes

Figure 17: Pre- and Post- Test IG Height Comparisons (SS):

Figure 18: Friction Data

18A: Run 1

18B: Run 2

18E: All runs (NiTi): Progressively increasing variability with each run

Figure 19: SEM Images

19A: Ceramic-SS: Metal transfer visible, encircled

19B: VSC-SS: Area of polish enclosed in red

19C: VSC-NiTi: Area of polish enclosed in red

19D: Metal-NiTi: Scratch Encircled

19E: Ceramic-NiTi: unremarkable

19F: Metal-SS: unremarkable

Figure 20: SEM Energy Dispersive X-ray Spectroscopy

20A: SEM – VSC Composition: 1 marks heterogenous zone, 2 marks filler island

20B: Heterogenous Zone: Peaks represent high concentrations

Analysis Report: BRACKET-1-1

Spectrum 1

20C: Homogenous Filler Island: Peaks represent high concentrations

Analysis Report: BRACKET-1-2

Spectrum 2